America's Tiniest Newspaper



ALPINE SUN



Best Climate, in US by Government Report

Vol. 15, No. 33

ALPINE, CALIF.

FRIDAY, Aug. 19, 1966

10¢

Open Beauty Shop

Martin and Mary Lacko who are completing a 3-shop building at 2144 Hwy 80, adjoining the Woman's club on the west, have just given a 3-year lease to Paul & Norean Hair Stylists. They now operate one at 4054 Adams in the Kensington district of SD. It is owned by Paul and Norean Helder who will move sometime after Sept. 10, when the structure is completed.

Mrs. Lacko who runs Mary's Alpine Apparel Shop, will move from its present location to the new building at that time. The remaining shop is being considered and will soon be rented, she

believes.

End Water Tax

Engineer-manager Ed Howser of Rio SD MWD reports that taxpayers in Annex No. 3-- Alpine, Harbison Canyon and the southerly two-thirds of the district, are to get a break this year. The 16¢ annexation fee they have been paying off during the last five years is now clear, so this item will not be on tax bills this year.

Tax rate for the district generally is 20¢ on the \$100. Houser adds that Rio's assessed value is up 2.42% this fiscal year over 1965-66, now being \$40,306,070, was \$39,351,820 before.



Alpine can be proud of the many parents who donated their time to help make Saturday's gymkhana show a tremedous success. Here are five who spent the day there. (L to R) Mrs. Vickers, husband Vic, Barney Barnett, Doris Scully and June Sortino.

Lake Jennings Open

Alpine and the back country now has one more fine recreation spot, Lake Jennings above Johnstown, off Interstate 8 at the Lake Jennings Interchange It was opened Monday for camping

More on 16

DR. LARSON IN CHILI

Yesterday Dr. Roger Larson, on vacation from his duties at Community Church, left Beunos Aires for Santiago, Chili, where he will be for two days, then on to Lima, Peru. He may be airmailed there at the Hotel Savoy, in care of "Unitours Tour Passenger arriving Aug. 20."

Folks are funny! Everyone wants to live a long time — but nobody wants to get old.

EL CAJON THEATRE

444 - 3272

NOW THRU TUESDAY Paul Newman "Harper" Steve McQueen "Nevada Smith"

FAMILY NIGHT EVERY TUESDAY



NOW THRU TUESDAY Steve McOueen "Nevada Smith John Wayne, Dean Martin "Sons of Katy Elder"

Swapmeet 9 to 5 Saturday & Sunday 50¢ to Walk in \$1,50 to drive in and sell



Ken Jerney devoted entire day as announcer for Gymkhana show Saturday sponsored by Chamber of Commerce. Cynthia snapped picture at end of day when he was tired and hot but happy with results of show.

GARVINS GRANDPARENTS

Mr. and Mrs. Hap Garvin, South Grade Road, are the proud grandparents of a baby boy born to their daughter. They had an emergency call and 1 eft Friday morning for LA where a caesarean operation was performed. A fine 8# boy was delivered. This is the Garvin's first grandchild, who feel mighty proud. Mrs. Garvin is still in LA. Hap returned and will drive up this week to pick her up.

Classified ads pay off, 30¢ a line.

For Your Health Foods, Vitamins And Special Diets Purchase With Safety And Confidence At The

VALLEY HEALTH FOOD STORE

IN BUSINESS SINCE 1950

W. L. HOUGHTON. OWNER

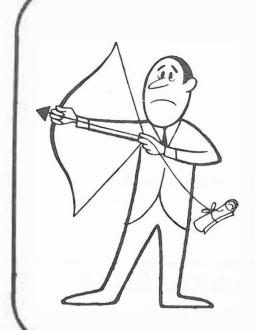
The address is still 133 Prescott, El Cajon, H14-8447

HIGHPOINT winner Libby Wake receiving trophy from Doris Scully. chairman. at Saturday's Gymkhana show.



Ed Hughes and his county road crew of Alpine have finished a nice job of resurfacing Arnold Way.

More than rouge and powder are needed to alter the complexion of a woman's thoughts.



HOMESICK?

Cheer up! For an amount you'll hardly miss, you can place a Long Distance call to those you do miss. And to them, nothing says you like **your voice.**



EDITORIAL



It <u>IS</u> Smart to get in Debt if it Pays!

How many times have we said I wish I'd gone in debt a long time ago for the swimming pool, we enjoy it so much". Or for an added bedroom or the fireplace, or the paneling for the living room, or what have you.

Many folks are frugal, saving, hard working, and pay bills on time, strive to keep out of debt. Now we wish we had been a bit different, for today we are all enjoying a gorgeous Blue Haven Pool.

Our consesus is that it would have paid of handsomely had we put it in when we first came to live here in 1949 with baby Cynthia.

ALPINE SUN

America's Tiniest Newspaper 445-2415 or 445-2394
2255 Tavern Rd., Rt. 1, Box 189
Alpine, SD Co., Ca. 92001
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10¢ per copy, by mail \$2. yearly.
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BEESON'S DISPOSAL
Service
Trash & Garbage Mixed

Twice Weekly Pickup

SERVING HARBISON CANYON TO MT., LAGUNA

Call 445-3029 After 4:30 pm

Last year we finally put in a welcome fireplace, and this spring we paneled the living room. But we cannot achieve all things and all improvements at once.

But the pool-- ah, that is paying dividends in health, fun and comfort these warm days-- it is a lifesaver and a wonderful healthbuilder.

The one that swims the most isyours truly. As I am usually up between 5 and 6:30, I take a half hour hike over our hilltop, down the other side then up the steepest part. When I get back I have a good sweat going, then a cold shower and into the pool. Then a breakfast on fruit, and into the day's tasks which I do enjoy.

Wasn't it Emerson who said "Blessed is the man that has found his work"? Over 65 years ago I found mine, in my Dad's newspaper office, and I still love it!

So, young people, save your money, but don't be too prudent! - CI.

RICHARDSON BACK FROM FRANCE

Jas. Richardson, former Alpiner, son of the late Mrs. Margaret Walsh, sister of Mrs. Agnes McGuffie, with his German wife Ingrid and their two youngsters, Susie and Andre, spent a few days here last week. He is in the USAF, now stationed in Denver, just back from France.

"My nephew enjoyed his visit but did not get to see as many of his old friends as he'd have liked to" Agnes said.

Treasures in Words

Truly in vain is salvation hoped for from the hills, and from the multitude of mountains; truly in the Lord our God is the salvation of Israel. Jeremiah 3: 23.

Farmers Insurance Group
Arlie D. Nunley,

149 N. Magnolia, El Cajon

442-9484

Balloonist to Return Here

Tracy Barnes, that intrepid aeronaut who battled to get his hotair balloon to the east coast from Coronado, will return to Alpine for the coming air Show slated for Sept. 17-18 at Brown Field, reveals his friend Wm. James Allen, also a ballonist. He recently moved into the Kuphaldt house as he bought part of their ranch on Japatul Road.

He has already moved furniture in and is getting settled, plans to have his balloon ready in a short time. He already has part of the gondola and some equipment but is waiting for the huge bag.

Jamie and Carol Smith, son and daughter-in-law of Mr. and Mrs. T. Aburey Smith, is here from Norman, Okla. for summer vacation. Jamie is a pharmaceutical student at the U of Oklahoma, presently working for Alpine Rexall, returns in September for fall semester. His parents will drive with them far as Sholow, Arizona to visit their property there, then return to Alpine after a few days of rest.

Perfect health is above gold, and a sound body above all riches.

A.P. SUTTON

Graveside service for Arnold Paul Sutton, 53, of 2636 Hwy 80, (the former Kidder place), was Saturday in Alpine Cemetery. Paris mortuary was in charge. He died Thursday in a LM hospital. He had been with General Dynamics for 26 years, had lived inthe county for 30 years.

Survivors, besides the widow Bertha; three daughters, JoAnn 15; Shirley Sue, 10, and Betty Lou, 8.

SUBSTITUTE PASTOR AT CHURCH

The Rev. E. Walter Smith, formerly of Saratoga, who occupied Dr. Larson's pulpit last Sunday, will repeat his visit here this week. On the 28th, Raymond Partridge, jr., of Alpine will again occupy the pulpit.

STALLION OAKS GUEST RANCH

TAVERN CABINS
SWIMMING
DANCE HALL
RIDING STABLES
DESCANSO, 445-4179

AT THE HALL CO....

... We have the darndest selection of new toilet bowls, tanks and lavatories you ever saw! Modernize your old style bath now at big savings.

W.D. HALL Co.- El Cajon

230 E. Main St. -- Phone 442-0481

This site, corner Arnold Way & Tavern Road, recently bought through Anna Jerney of Alpine Realty Co., was once the Alpine Trailer Park, long since closed. The First Baptist Church of Alpine will be moved here any minute now. It is coming down from its location. shown on next page, now on



E. Victoria Dr., to make room for the new freeway.

Fred Rushing has just finished grading. The residence was moved back of the service building which will be retained as such.

McKie Realty

2355 Hwy 80 445-2217 P.O. Box 398 Alpine

Elsie Hoffman, Associate Before You Sell or Buy See McKie LOCAL YOUTH TO DAVIS

Alpine 4H Amigos selected Cindy Byers as a delegate from here to attend the state leadership conference at U of Davis Sunday thru Friday. Bruce Shepherd, 17, president of Japatul Valley 4H is representing his group, will leave by bus from the Farm Bureau.

Mrs. Max Kinikin, Eltinge Drive, is hobbling around on a black and blue big toe she sustatined after bumping into a door stop. At first she thought it was broken but is able to get around on it much better.



POOL SERVICE



\$4.85 WEEKLY - INCLUDES EVERYTHING CHEMICAL SERVICE, \$2.35 WEEKLY

Repairs reasonably priced for filter, pump, acid wash, stains, cracks

CALL ROY, 445-2766

CHURCH READY TO TRAVEL

Here is the building that housed the Baptists for several years, cut into three sections ready to be rolled down to its new location. This will be a nice addition to the main section of the town, and a decided improvement for this corner where the Tavern Road Interchange will come off



Interstate 8, the new freeway.

Note-We'd like to see someone buy the old Tavern property on the opposite corner and restore that once popular place, which was known all over the country. -Ed

The Alpine School District is taking applications for anyone interested in working as lunch and playground supervisors. Applications may be secured at the District Office on Hwy 80 between 8:30 and 4:30.

Advertising pays in the Alpine Sun.

Tell our advertisers you saw their ad in the Alpine Sun.

De ANGELIS

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448-0168

Dave Villa

Jack Brewer

Tomorrow our Pequeno Riders are having a breakfast ride leaving Pierce's ring at 7:30 am. Everyone is welcome. The breakfast is 75¢ for members, \$1. for others. Mrs. Dun and Mrs. Rader will have a breakfast of hotcakes and bacon ready when we get back and it should be lots of fun. Please phone our president Eileen Dun, at 445-3793 and make reservations.

Because Labor. Day week-end was the date set for our show we have to change it, will discuss a better time at our next meeting, to be called after the ride tomorrow.

Here is a wonderful chance for someone in Alpine to buy a nice Palomino mare and her 2-year old sorrel colt for a good price. To mmy and Billy Gault are leaving Alpine and have their horses up for sale for \$300. This is a nice deal as the colt is out of a registered stud and has lots of possibilities. Call them if you are inter-

Ed Wagner

Independent Distributor

CARNATION

DAIRY PRODUCTS

234-2281

Alpine

Trailer CampeRancho Resort

ALL YEAR RESORT FACILITIES FOR TRAILER, CAMPER, TENT PICNICS, DAY, WEEK OR MONTH POOL, PATIO, BAR, MUSIC, GAMES, DANCING, HIKE, CYCLE, AND HORSE TRAILS,

CLUB, COMPANY & PRIVATE PICNICS 445-3162 463-2028

BBQ for Stallion Oaks

Ed Torgersen, genial owner and host up at Stallion Oaks Ranch, Boulder Creek Road, says they are planning a big barbecue for Labor Day, Sept. 5.

This week final inspection is being made on the pool and improvements recently put in, then the place will be open to the general public. They have riding, hiking and dancing, with cabins and meals.

Torgersen, an advertising executive of LA, is opening an office on Wilcox Street in Hollywood where he will display photos of the ranch made by the Sun, with an attractive wood art sign by Ben Montijo of Glenview, who produces many attractive rustic signs for this area.

"Saturday last we had our first birthday for the dance hall and western bar" says Torgersen, "and had the largest attendance on record, with many from LA".

ested.

Mr. Barrett came home Monday from a 2-day ride with the Imperial Valley Sheriff's Posse. He is a member of the Yuma County organization, goes every year on the 2-day ride.

Laurie McGrath has her registered quarter gelding for sale for \$1500 and last year he was all around Grand Champion. He is out of Crown Prince and Mary Mischief and a beautiful animal. She also has Ginger, her quarter mare for \$500, and her 2-year old sorrel colt for \$200. She is selling all of their horses and horse trailers as she has other interests.

Eileen Dun was practicing in the C of C ring last week for the gymkhana show when her horse Rita slipped and she fell against the post. She cut a gash in her head that had to have sevenstitches She still wasn't feel ing good so didn't ride in the show Saturday.

THE REAL hero of most television spectaculars is the viewer.

Carl's Boot & Leather Shop

SADDLES - TACK - SUPPLIES - CHAPS TO ORDER 1275 N. Second. El Cajon

442-3027

BINGO PARTY TONIGHT

Prizes, fun and excitement are in store for everyone attending the bingo party tonight in the Youth Center starting at 7:30. All money goes to the Alpine Pop Warner football team to help defray the cost of equiment.

In charge of the affair is Mr. and Mrs. Frank Sortino who have taken over Alpine's enthusiastic boys and to date have signed up 30 youngsters. The party will be outside of the YC so everyone can count on being coo, and cost of card is 25¢. Sortino urges all to "come on out and help support our youth".

ALPINERS VISIT ART SHOW

Helen Ellsberg and Ruth DeLong spent last Sunday in Laguna attending the annual Art Festival going in a group

"The exhibit was simply wonderful" Mrs. Ellsberg says, "and we thoroughly enjoyed it. Only thing marring the trip was an accident on the freeway which killed four and tied up traffic for 20 miles".

Mr. and Mrs. Karasik, owners of Tasty Bakeshop in EC, are on a vacation to Carmel, left their son Jimmy in charge of the popular bakery that serves Alpine and the back country. Their daughter Judy went with them.

I ell our advertisers you saw their ad in the Alpine Sun!

TALENT SHOW COMING

Mr. and Mrs. David Arnst. owners and operatsors of Alpine Trailer Campo-Rancho Resort, are sponsoring a talent contest starting Sept. 3rd and a weekly show will be held till Sept. when final winners will compete against one another for a grand prize.

Weekly awards will be given and application blanks can be secured at

"An entrance fee for each contestant will be charged to help enlarge the grand prize" says Mrs. Thelma Arnst. Call 463-2028 or 445-3162 for information. She says "we want dancers, singers, combos, comedians, anything in the entertainment field". Here is an excellent chance to display your talent and maybe win too, come on out and try".

Norma Katherine Smith, artist, sold one of her beautiful paintings of a Mt. Shasta scene at the recent Balboa Park Art Mart.

BROWN REALTY CO., Realtors

2237 HIGHWAY 80 ALPINE, CALIF. 92001

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445-3035

LUNCHEON & DINNER SERVED DAILY

DINING & DANCING

WED. THURS. FRI. & SAT.

Fabulous Music By

JOHN DE SIMONE TRIO

SUNDAY BRUNCH 11 A.M. TILL ???

(Formerly Constantino's)

442-1152

El Cajon





NASH SEDAN
lying in ruins
at bottom on
embankment
on Hwy 80
across from
Alpine Oaks
Mobil Estates.
Owner Lewis
B. Warner was
lucky, only
sustained broken
arm and bruises
in accident
Saturday noon.

PLACE BACK FROM VACATION

A fortnight of rest from his arduous duties in the postoffice was enjoyed by Richard Place, his wife Dolly and their two children. They went in the camper to Saline Valley, which parallels the Owens River Valley at 1000 ft. elevation

"We went 85 miles on a dirt road" he says "without passing a soul. But we saw a herd of 25 or more pinto burros, wild little rascals, too".

REWARD

You will be rewarded with the finest professional car wash when you bring your car to

CAR WASH

Ist & Main, EL CAJON (Across from Food Basket)

5 Escape in Head-on

At ll a.m. Saturday on Hwy 80 below the Willows two cars met head- on but fortunately none was injured seriously. Both vehicles were totalled, hauled in by Lutz Garage.

Lewis B. Warner, Tucson, driving a 1957 Nash west, drifted into the east lane, as Dean C. Raler, of Maine, was coming from SD where he had just been discharged from the USMC. His Triumph sportscar was forced over, but not soon enough to avoid the hit.

The Warner car hurtled into the ditch, landed in the other direction, with the three occupants badly shaken up. Warner, 64, had a broken arm and back injuries, was taken to a hospital, was discharged Monday, went on to Oceanside with his wife and son. Raler and his passenger were uninjured.

The volunteer firemen answered a call for a resuscitator for Warner. See photos.

To forget wrong is the best revengs.

CALIFORNIA-WESTERN STATES LIFE Insurance Company

ANNE S. SIMONSON

Representative for the Mt. Empire

1492 Fifth Ave, San Diego, Calif. 92101

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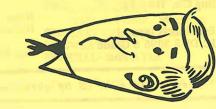


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OF 1 5/8" TO 72" DIAMETER DRILLING

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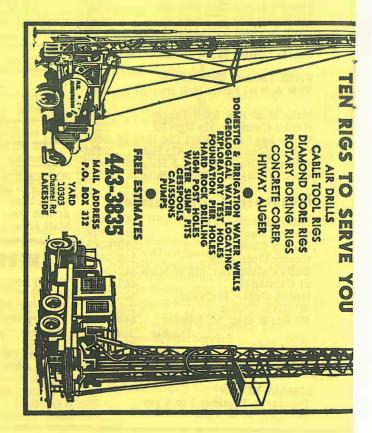
ALPINE YELLOW PAGES A Public Service by the Alpine Sun To Aug. 19, 1966

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All are 445 unless shown otherwise.	Carl's Ready Mix Hwy 80 2780	E	Paul & Norean Hair Stylists Hwy 80
Acme Glass 2605 Hwy 80 24	78 Carnation Milk Man 234-2281 Casino Inn 1155 Hwy 80 9581		Pine Acres Nursery 1267 Arnold 3037 CHANGES & CORRECTIONS
	58 Clark's Chevron Stn 2224 Hwy 80 2963		Queen of Angels Catholic Church Sun Ads Pay Handsomely
Alp Apts 2115 Arnold 284-6	Club Alpine 2502 Hwy 80 2006		815 W Victoria 2.145
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Alp Gemetery, Victoria Dr.	OF D		Rash Drapery 5429 Willows Rd 4010
	25 Deer Hollow Egg Ranch Japatul 3618		Rio SD MWD 9739 Los Coches 443-3851
Alp Circle Tr Pk 2530 Hwy 80 24			Rocket Service Stn 2042 Hwy 80 9577
	83 Earl's Mobil Stn Hwy 80 4 188		Rushing Grading & Const 2795 Vict 2214
Alp Com Church W Vic 21			Security Bank 2153 Arnold Way 2646
Alp Conv Cent 2120 Hwy 80 26	44 F		Security Bank 2153 Arnold Way 2646 Smiley's Motel 3905 Hwy 80 2770
	92 Fiberglass Menagerie 2435 Hwy 80 4000		Smith Cottages 1548 Olivewood 2548
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Alp Launderette 2038 Hwy 80 95	_		T 1 M 1 1 200TH
Alp Nurs Home 873 Arnold Way 31			Tappy's Motel 2337 Hwy 80 2954
Alp Oaks Mobil Est 3505 Hwy 80 30			Thompson Bldr 2612 Hwy 80 4043 —————————————————————————————————
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Alp Village Art Alp Hgts Rd. 20	Tarabathan Caramyr Cara francisco		Women's Club Victoria & Hwy 80 2477
Alp Youth Center 1800 Hwy 80 37	77 Log Cabin Cafe 2205 Hwy 80 2243		Woodall Earl MD 1330 W Victoria 2345 POSTOFFICE HOURS
Armour Riding School 393 Arnold 29	31 Log Cabin Trlr Pk 2201 Hwy 80 2553		Frequently Called Numbers 8:30 to 5; Sat. 8:30 to 12 Mail closes 5 pm daily except Sat.
В	Loveland Dam Japatul Rd 3607		
	14 Lutz Garage 1690 Hwy 80 2967		Building Dept. El Cajon 442-77 11 at 5:50 pm. None on Sundays Mail arrives 8 am daily.
Baptist Church 3520 Hwy 80 3362 37)/- /- TT- 1! 0)/! 00FF		County Assessor 234-8813
Bates, Don Realty 2445 Hwy 80 25	1 14 1 41 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1		County Clerk 239-6061
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Bowlus Cottages 1460 Marshall 27			SD Gas & Elec N. Johnson 444-2161 Emergency, call operator
Bredesen Dr. Mildred 23	21 Merrill Ptg 105 Willowside Terr 2693		Trouble 234-4123 Routine Call 283-6331
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Burdett Ruth Piano 1460 Marshall 28	The state of the s		Western Union 443-3835 Nights, Wed. & Sun. 298-9311
Butler Drilling Co. Hwy 80 25			AMBULANCE 442-3140
C	Naud, Pat Arnold Way Inc Tax 3157		WELL & PUMP, Stockton 444-2672
Campbell Egg Ranch Japatul 20	D		LIBRARY HOURS EAST CO. CENTER 442.7711
Campbell JC DDS 3095 S Grade 36			Tuesday & Thursday 1 to 5 pm WEATHER 293~5063
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			Para pains of this from the Sun

Water Well Drilling & Service

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In The
'Yellow Pages'



*AMBULANCE crew had difficulty in heavy brush to get Lewis B. Warner on stretcher and bring him out. Family was lucky no one was injured critically in headon crash.



OSTRANDER HOME FROM SURGERY

Bob Ostrander, owner of Empire Marketishome and able to be up after a double hernia operation. He won't be back in the store for a few days but his wife says "he is feeling fine and getting better fast."

Until he returns, Ed Hardtke, of LM is taking his place in the meat department as Ostrander takes care of that when on duty.

Mrs. Ostrander had to return to the store from her new work as salesman for Alpine Realty. Also back on duty as checker is Mrs. Elna Bratt, so the store is maintaining its position.

BIBLE SCHOOL MONDAY

Alpine Lutheran Church opens its vacation Bible School Monday at 9:30, invites The Rev. A. H. Zimmer mann. It runs through the 26th at the Woman's Club, and all are invited. Details from 465-7510.

CHURCH HOLDS BAR-B-Q

The Blessed Sacrament Catholic Church of Descanso is holding a barbecue Sunday, Sept. 4th at the new church site starting at 12. Donation is \$1.50 for adults, children 50¢. Rev. Joseph Prince invites everyone to "come and enjoy the day".

Rocket Gasoline

Alpine

Major Brand Oils

TIRES ACCESSORIES

PROPANE

Alpine Rocket Service

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NEXT TO ROCKET SERVICE STATION

2038 HWY 80, ALPINE 445-9577

23 Washers - 8 Dryers - Starch Sink - Hair Dryer

6 A.M. to 9:30 P.M.

DOUBLE TALK

By Cecile & Celeste Irvine

Fidel Hyde returned home from County Hospital this week and is mighty glad; has had a terrible ordeal. The index finger on his right hand had to be removed because the life went out of it and never returned. He had to have skin grafted on the palm but at least he didn't lose his hand or arm as was hist expected. He is lucky as it could have been so much worse. All of his friends are happy he is home and feeling better.

Chuckie Smith, 8, who was kicked in the neck by a friend when they were playing in the pool, is in a cast from his chin to his waist, won't be out till Sept. 17th. He spent two days in the hospital, came home, but had to go back when they found he had injured

his neck.

We all had a nice surprise Tuesday when we had a phone call from Minkie and Ginney Frey. Their mother rove down from Oregon City to specks and brought them up to isit with us. We had a wonderful time and they were our neighbors for 10 years, left for Oregon five years ago.

ALPINE REXALL PHARMACY 445-2488

2109 Hwy 80

Alpine

Nutrition Center

Your Health Food Store

Mr. & Mrs. H.A. Gillies
COMPLETE LINE OF HEALTH FOODS.

Special Diet Foods - Vitamins

Minerals and Supplements Open Daily Except Sunday

9 AM TO 6 PM

B cWE d.*A GREEN STAMPS [

April Mansfield was routed out in the middle of the night Wednesday by Gary Wake. She thought he was fooling at first but he said Tommy Gault and he were wrestling earlier and Tommy had hit his head hard enough to give him double vision and other symptoms of a skull fracture. She rushed over and took him to Valley Hospital but they couldn't get a doctor so after waiting an hour took him to Navy where he received immediate attention. His parents were called home from Tucson and he is ok now but still has to go back for more x-rays.

Kay Smith had to have her appendix out last Friday night. She has been sick on and off for a year and didn't know what was causing the trouble. Her dad has Smith Realty here in Alpine.

Mrs. Jim Madson has a beautiful well trained year old Weimenhaur dog with papers to sell for \$50. Call her at 445-4098 if you are interested.

Brian and Nancy Pope are visiting their cousins Donna and Eddie Schwenck from SD. They are from a family of eight children, are taking turns. They only recently came from Detroit.

Denise Hauenstein is expected home from Europe this week if the air strike

doesn't hold her up.

Billy Gault is waiting to be calledin the service as he enlisted in the USAF hopes to be a jet mechanic.

Mike Webb is leaving today on a 9 day trip to the High Sierras with his Explorer Scout Troop of Lakeside. They are packing in everything and will climb Mt. Whitney and have a wo nderful time.

A lady called Mama Wednesday and has some kittens to give away that are just beautiful. She lives in El Cajon and her number is 442-3781 if you can have one or more.

Advertise in the Alpine Sun.

Glenview Feed Co.

HAY - FEED - VACCINES

Poultry Equipment
Delivery in Alpine Thursdays

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13283 Hwy 80 At Los Coches



The entry booth at the Gymkhana show was manned by four cheerful mothers who spent the day making sure evry event was complete and youngsters satisfied. (1 to r) Elizabeth Rach, Jean Danzl, Hazel Foster and Jody Barnett.

MRS. VANCIL ATTENDS MEETING

The Southern District Federation of Woman's Clubs held an executive board meeting at Kozak's Restaurant Wednesday with Mrs. Goldie Vancil, corresponding secretary, attending, Plans were outlined for the coming season and the first district meeting will be given by Lemon Grove Woman's Club. The board members were guests of the District President, Mrs. Frank Laswell who took them to lunch following the meeting.

Advertise in the Alpine Sun.

George Lengbridge
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DEPENDING ON CARE REQUIRED.

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Plan Sunbathers' Festival

T.H. and Sue Latimer, who some months ago bought the Swallows Sun Isle Club, 1631 Harbison Canyon Road, are making extensive plans to entertain the Western Sunbathing Association members on Oct. 29-30 at the big Western Fall Festival, an annual gathering of folks from all over the country. Most of them come from this state, New Mexico, Colorado and Arizona, Latimer says, but they do get some from eastern places.

Anyone knowing the where abouts of Joe Cole, last heard from in Arkansas, please contact Arthur Bye at 443-6461.

The Sun ran a short story some issues back about Joe being injured when he fell from a tree

N.M. GRIECO, Realtor 465-9900

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La Hesa

Kip's Cafe

Delicious, Oriental, Exotic ORDERS TO GO. ALSO HOME DELIVERY Closed Monday - Free Parking 1058 E Main El Cajon 442-1211 CONSTIPATION-

INSIDIOUS EVIL OF CIVILIZATION

By Frances McTaggart
Constipation is becoming a common
condition. Authorities claim that 55%
of our civilized population suffers from
this unwelcome and often disregarded
disturbance which seems to be a
frequent cause of poor health.

There are two types of functional constipation- atonic or spastic. If it is atonic, the bowel has lost to a large degree its tone and power of contraction and is very sluggish. People with sedentary habits, leading an indoor life with little exercise are more likely to have this condition. Spastic constipation occurs in people with a highly nervous temperament and who are usually underweight.

Constipation may for a long time impair the health very little; sooner or later, however, it causes absence of appetite, coating of the tongue and mental depression.

Headache, dizziness, anemia and acne are frequent symptoms and arthritic pains may follow. There is usually indigestion, a sense of fullness, gas and distention of the abdomen. When persistent, the accumulation leads to colitis, ulceration of the colon or formation of hemorrhoids and fissures.

Continued next week.

Friday's Hawaiian luau sponsored by LM Senior Citizens, was a funfest and colorful affair reports Ben Polak, whose mother won a prize for the most imaginative costume. Over 125enjoyed the affair.

A little wit will carry you closer to your goal than much knowledge.

BLASTING

M. J. Baxter Brilling Co.

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EL CAJON, CALIFORNIA

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Grant Gives Instruments

Ted Grant, retired navyman of Tavern Rd., whose wife passed on this spring, has received a nice letter from Phoenix where he took her instruments which they had used in her band, giving them to the Musicians,

W. Cecil Armstrong, secretaryof Phoenix Federation of Musicians, Local 586, A.F. of M., said "the sincere thanks and appreciation of the officers and members be sent you in connection with your kindness and courtesy in carrying out the wishes of your dearly beloved wife, June, in transporting the vibraphones and marimbaphones from your home to Phoenix.

"The instruments will be re finished and an appropriate plaque attesting the donation of June's instruments to this Local will be attached to each one of them."

"The pleasant memories of having known June will be present in the minds of all of us who knew her".

TRAVEL PICTURES ENJOYED

About 25 folks saw the colored slides shown Thursday night by Fr. Wm. Mediavilla, substitute pastor of Queen of Angles Catholic Church, at the home of Mr. & Mrs. Kelvin Savell, Hawley Rd. He is a teacher in Quito, Ecuador, also assists as the parish priest in the city whose altitude is 9000 ft.

PERSONNEL Manager: "You're asking for a pretty big salary for a man with no experience."

Applicant: "Well, the work is a lot harder when you don't know anything about it."

Mary Carter Paints 2 FOR 1 LOW PRICE

UNFINISHED FURNITURE
And Finishing Materials
444-2316

240 W. Main St.

El Cajon

DESKINS SENDS FOR SUN

Don Deskins, formerly driving a route for Alpine Cleaners, who lived on DeWitt Ter., and was active in ham radio clubs, senthis check for a 3-year subscription to the Sun from Atascadero.

"Please convey my best regards to the friends who have helped me so much in the past...I miss the beautiful weather of Alpine".

Math. Prof.: "Now if I subtract 25 from 37 what is the difference?"
Little Willie: "Yeah! That's what I say. Who cares?"

LAST CHANCE INN

BEER, SANDWICHES, SOFT DRINKS

STANDARD POOL

Shuffle Alley - Jukebox

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EVERYTHING FOR YOUR HOME Installation Service

LAKE JENNINGS STORY From 1

boating fishing and resting on the 100 acre site, now a county park. It has 100 cam p sites for campers, trailers and tents, with picnic tables, barbecues, water outlets, restrooms and roads. Much planting has been done and more is to come.

Alpine anglers need drive only the few miles down to the Interchange, turn right and there you are - fishing from November to June in boats, but all year from shore.

Alpine Grading & Equipment Rental

BLACK TOPPING A C PAVING Fred Rushing

Alpine

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Now Open

JIMMY'S BARBER SHOP

Men and Women 2530 Hwy 80, Alpine

Adults \$1.76 - Children \$1.51

Daily 8 am to 7:30 pm,

Open Sundays

GYMKHANA SHOW SUCCESSFUL

The first annual gymkhana show sponsored by Alpine C of C will go down in history as a highly successful event. Mrs. Frank Scully was show chairman, Fred Rushing, Al Adams and Frank Scully, ground crew. Hazel Foster, Elizabeth Rash, Jody Barnett and Jean Danzl were in the entry booth. Ken Jerney was announcer with Mary Reed helping and Barney Barnett was ringmaster. Timers; Vic Vickers, Sam Rash and Frank Sortino. These donated their time and entire day to helping make this show a success.

First place winners were: Two Man Relay, Mike Scully and Linda Rushing; Keyhole, Linda Rushing; Barrel Race, Cynthia Irvine; Barrel Race, 14 and under, Linda Rushing; Ride and Pickup. Cynthia Irvine and Bill McTaggart; Quadrangle stake race, Celeste Irvine; Pole Bending, Terry Clark; Pole Bending, 14 and under. Bobby Sortino; Figure 8 Stake Race, Ken Warner; Pony Express, Cynthia Irvine and Bill Mctaggart; Saddle and Ride, Bill Mc-Taggart; Flag Race, JoAnn Villa; Flag Race, 14 and under, JoAnn Villa; Speed Trail; Cynthia Irvine; Speed Trail, 14 and Under, Libby Wake, Figure 8 Flag Race, Libby Wake; Ride and Lead, Bill McTaggart; Bull Pen, Ken Warner; Musical Hats, Linda, Rushing; Trotting Race, Libby Wake, Highpoint trophy went to Libby Wake with high score.

Subscribe, still \$2. a year.

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POOR CIRCULATION
NERVOUS - TIRED - OVERWEIGHT

SCIENTIFIC SWEDISH MASSAGE
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MASSAGE IN OUR OFFICE OR YOUR HOME

FRANCES MCTAGGART (Licensed Massage Therapist)

office of Dr. Bredesen, DC)

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445-2433

FOOTBALL ENTHUSES YOUNGSTERS

The Pop Warner Football team, organized by Mr. and Mrs. Frank Sortino now has 30 boys signed up and "lineup is closed till next season as there isn't any more room at this time" he says. All members have been out selling stickers and they boys have taken in \$300. so far with Gary Salazar out ahead with 35 to his credit. Prizes are going to the boy who sells 15 or more and the grand winner will get an autographed football. They will be guests of the SD Chargers at their Escondido training camp on Aug. 17th The team will play 10 games, one

The team will play 10 games, one each week starting Sept. 24th when they meet last year's Division Champions from National City at the Toyan

Park arena in NC at 11:30.

"The boys are working hard to win and will put up a good fight," says Sortino, Mike Bell is line coach, Frank Sortino, head coach, promoter and water boy, "could use more help," h says.

A postal from Mr. and Mrs. Ted Keller to the Sun Thursday reported they were in Klamath Falls, Ore. on vacation. Nellie says "we had a wonderful trip up, the camper rides nicely and Peppy (their young chihuahua) sits in the window watching everything and he just loves it". The Kellers formerly lived in the Highlands.

Bert Cassidy was operated on Tuesday, is in good condition on way to recovery.

Lutz's Garage

ONLY
Official State-Approved

BRAKE STATION

In Alpine

Day & Night Towing

445-2967

1620 Hwy 80

Alpine

Birch Society Picnic

The second annual John Birch Society picnic of SD County is slated for this Sunday from 10 to 8 at Big Oak Ranch, 1723 Harbison Canyon Road. It is for members, families and guests. There will be hiking, riding, train and stagecoach rides, swimming, games and a lot of fun,

Speaker at 4 pm is G. Edward Griffin, author, lecturer and narrator of the society's films and strips. Highlight will be a raffle at 5, with many prizes and a 40-foot flagpole with Old Glory. Cakes will be sold all day, with awards for the best decorated. Food and beverages are available. Kids under 6 are free, ages 6-12, 50¢, 12 and over, \$1, and families of 6 or more. \$5.

Mrs. Clinton Black, who has back surgery May 9th is recovered suficiently to take care of her household duties but still has to take its low and easy as it was a long and difficult operation.

ALPINE REALTY Company

LISTINGS WANTED

Homes - Ranches - Land 2175 Arnold Way 445-3310

El Cajon Awning & Mfg. Co.

Alpine Representative, Lee Widmer, 445-4171

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Mobile Homes • Patios • Residences

COME IN AND SEE OUR SHOW ROOM DISPLAY

845 El Cajon Boulevard, El Cajon, Calif. Tel. 442-3301 SENIOR CITIZENS PLAN PARTY

Julia Sachse and Janet Limebruger are sponsoring a party to raise money for the YC building Fund on Aug. 29th and wish all members to attend. This lively group of oldsters have had many fund-raising projects and have contributed much to this necessary project.

Monday August birthdays are being celebrated and cake and coffee will be provided and as usual the songfest will be held. Emma Holmes, publicist for the group, urges all to come out and enjoy the fun and good fellowship.

Water Wells PUMPS

SALES SERVICE Water Wells Drilled STOCKTON PUMP & MACHINE 311 N. 2nd, El Cajon, H14-2672

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Weed mowers, Roto tillers, electric hammers, Trenchers, Pipe dies & cutters, cement mixers & misc. tools.

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El Cajon

CUB SCOUTS BUSY

The son-cone booth at thegymkhana show Saturday manned by Cub Scouts Kenny and Doug Wedel, Steve Bratt, Phillip Hageman and Jeff Christenson provided their treasury with a nice sum of money which will be used for their

The pack recently had an exciting evening at Westgate Park watching the Padres Play Denver, Cubmaster Leroy Wedel and Den Mothers Mrs. Wedel and Mrs. Mace Bratt provided transportation, A beach party at Santa Clara Point was enjoyed by the group Friday, and tonight at their regular meeting the boys will hold a sailboat race with swimming for all boys after the competition.

Cubmaster Wedel and Den Mothers have many more summer eventsplanned for the youngsters. For further information call 445-3178.

GAULTS MOVE TO TUCSON

Mr. and Mrs. John Gault and two sons, Billy and Tommy, who lived on Tavern and South Grade Roads for several years, recently moved into the Adamkiewitz ranch on South Grade Road, are moving permanently to Tucson to be with his brother's wife whose husband Leonard Mims passed away the 5th. The Gaults were in Tucson till Friday when they were called back to Alpine for an emergency. Their $15\frac{1}{2}$ year old son Tommy had received a slight concussion and was in Navy Hospital for observation

CRASH KILLS CARL HYDE

Thrown out of a car when it failed to make a curve at Boulder Creek Wednesday at 2:30 p.m., Carl Hyde, 20, was killed. He had lived at 2546 Hwy 80 with his aunt, Lily Aplaca. She had raised him since he was an infant. CHP officer Kvarda was on the scene. Young Hyde had lived here for four years.

COMPLETE FENCING

CHAIN LINK - REDWOOD - BLOCK WALLS

American Fence Co. 327 Cypress Lane, El Cajon, 442-3396

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308 PER LINE PER TIME. CASH ONEY. COUNT SIX WORKS TO EACH LINE, MAIL TO THE SUN, RT. 1'. BOX 189. ALPIRE.

FOR SALE, MISCELLANEOUS

CHAIN SAW, 24" arm McCulloch 300 \$175. 469-2085 after 5.

DANISH MODERN table and 6 chairs. two with arms. Sacrifice \$150. cost \$400. (stored in Alpine) 281-5917.

SMALL Shetland pinto mare in foal, \$100. 445-2394.

57 Ford V8, 4 door, New tires, running cond. \$200, 445-3803.

PUREBRED Dalmation male pups, two months old. 444-4666.

Tex-Tan saddle, nearly new, 14½ inch seat, square rigging and buckstitching around padded seat. Square rigging and stand goes with outfit. \$185. 445-2394.

FOR REAT

For Rent, 2 BR house, 219 El Cajon Blv. El Cajon, Cal.

WANTED

WANT 10 to 40 acres, pay cash. Don Bates. 445-2537.

INVESTORS WANTED \$1,000 plus 15 hours week equals \$800. per month. Box 1, Alpine Sun (8-26)

WANTED, local Alpine grower of organic produce. 445-4442.

WORK WANTED, remodeling, plastering, dry walls, patios, painting. cement work. Robert Lee, 583-4839.

FOR SALE, LAND

520 Acres in Alpine, 500 per acre. Write Broni, Box 1, Wixom, Mich.

LOST black wallet, Alpine area, keep money nad 25. reward for return of wallet in tact with papers and cards. 445-4227.

SPECIAL NOTICES

Ruth Burdett, piano lessons, 445-2877.

MOVING, hauling & power mowing. Call Mac from 5 to 6 pm. 445-2955.

Ted Weeks Jr. Construction Co. Gen. contractor, commercial, residential, remodeling, 11437 Rocoso Rd., Lakeside 443-1898.

FOR SALE, Hay, grain, lambs, 8941 El Dorado Parkway, Johnstown. Two blocks of old Hwy 80. 443-3448.

REAL ESTATE EXCHANGE

2-2 BR. homes on large R-4 lot in ESD 14,000. Owner will carry at \$100 a month or willl exchange for 2-BR home in or near Alpine. 488-0442 - 488-1001

PAINTING, exterior, interior, reas, fast, neat, clean. Jim King. Alpine 445-2797.

BUSINESS CARDS, \$5.75 M. Blue or Black, postpa:id anywhere in U.S. Add 4% sales tax. 445-2415. Al pine Sun, Alpine Cal. 92001.

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1965 Singer automatic sewing machine, take over bal. of \$53.25, ments of \$5.10 per mo. everything built in to zig zag, button hore, rancy parterns. 460-3868.

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WHERE THE SUNSHINE SPENDS THE YEAR

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